




## Faculty Details proforma for DU Web-site

Title	Dr.	First Name	Upasna	Last Name	Seth	Photograph
Designation	Associate Professor					
Address	15, Pocklet –E Mayur Vihar Phase –II Delhi -110091					
Phone No	Office	01127751317				
	Residence	01122776458				
	Mobile	9818674749				
Email	<a href="mailto:upasnaseth01@yahoo.co.in">upasnaseth01@yahoo.co.in</a>					
Web-Page	-					
Educational Qualifications : Ph.D (Delhi); M.Sc (Baroda); B.Sc(Hons) (Baroda)						
Degree	Institution			Year		
Ph.D	Lady Irwin College, Faculty of Science, University of Delhi			2008		
M.Sc Home Science (Foods and Nutrition)	M.S. University, Baroda			1990		
B.Sc Home Science (Foods and Nutrition)	M.S. University, Baroda			1988		
Career Profile						
<p>An alumnus of Faculty of Home Science, MSU Baroda and PhD from Lady Irwin College, University of Delhi, Dr. Upasna Seth is presently Associate Professor at Aditi Mahavidyalaya, University of Delhi with nearly 25 years of teaching experience. She has been the Principal Investigator of innovation research projects funded by DU and Co-Investigator of major research projects funded by UGC. Her areas of interest include nutrition education, lifestyle management program, obesity management, adolescent nutrition, consumer awareness, food safety and product development. She has participated in many conferences and presented papers at national and international level. She has many publications and awards to her credit. She is a life member of many professional bodies.</p>						
Administrative Assignments						
Officiating Principal, Teacher in Charge of College, Superintendent Examination, Deputy Superintendent Examination, Bursar, Teacher Representative GB, Staff Council Secretary, Teacher incharge of Food Technology Dept, Food Technology Lab incharge, Nodal officer for						

<p>Innovation Projects 2016 , Inquiry committee  Convenor : Admission, Examination, Purchase, Library, Canteen, Work load, Website, Provident Fund, Medical, Prospectus, Moderation &amp; Monitoring, Attendance, Internal Assessment, CBCS etc.  Member of various committees of college  Member Faculty of Science, University of Delhi</p>
<p>Areas of Interest / Specialization,</p>
<p>Nutrition Education, Lifestyle Management, Community Nutrition, Product Development, Nutrition Program/Module Development, Obesity Management, consumer Awareness, Food Safety, Value added bakery Products</p>
<p>Subjects Taught</p>
<p>Food Science and Technology, Baking Technology, Fruit and Vegetable Preservation Technology, Nutrition</p>
<p>Research Guidance</p>
<p>Guided 2 masters students in the area of Public Health Nutrition</p>
<p>Publications Profile</p>
<ul style="list-style-type: none"> <li>➤ Development of Nutrition Education Module for Healthy Lifestyle of Adolescents ; <b>New Technologies and Methodologies for Sustainable Development, Technical Series 5, 2014</b> (ISBN: 978-93-80570-64-8)</li> <li>➤ Development of an Educational Program to Enhance Food Label Understanding among Children. In: Anita M, Sabrina S. (eds.) Food and textile industry- emerging trends and perspectives; Proceedings of UGC-Sponsored National Seminar, Lakshmibai College, University of Delhi, February 10-11, 2015 (978-81-7844-331-0)</li> <li>➤ Responsibility of Schools in Promoting Healthy Behavior among Children; Journal of School Social Work; 2012,Volume VIII; Issue 09 (0976-3759)</li> <li>➤ Development Of Nutrition Education Module; Annals Of Nutrition And Metabolism; 2009, 55(S1); 496(P130-20). (ISSN0250-6807, ISBN 978-3-8055-9204-8)</li> <li>➤ Eating and Physical Activity Behaviour Among Affluent Adolescents Of Delhi' Annals of Nutrition And Metabolism; 2009, 55 (S1); 412(P98-23). (ISSN0250-6807, ISBN 978-3-8055-9204-8)</li> <li>➤ Garlic: It's Use in Bakery and Health; The Indian Baker; 2008 vol.40 (4).Dr. Upasana Seth</li> <li>➤ Nutrition and Organic Farming; Dharitri (AMV) ;2014 issue-2. Dr.Upasana Seth</li> <li>➤ Dr.Upasana Seth, Jams, Jellies and Marmalades; Production of Preserved Foods, Food and</li> </ul>

Nutrition,IGNOU	
<b>Conference Organization/ Presentations (in the last three years)</b>	
Platinum Jubilee International Conference, LIC, DU, New Delhi : Epigenesis - Empowerment for Excellence in Home Science	4th to 6th 6th October 2007
International Workshop on micro nutrients and Child Health : workshop	Oct 20-23, 2009
19th International Congress of Nutrition, Bangkok, Thailand	4th - 9th October, 2009
2nd Nutritionvista -CNE, Paradigm Shift: Science & Prescription of Fats & oils	28th September, 2013
Elsevier & University of Delhi : Publishing Connect Workshop	11th September, 2013
National Seminar Lakshmibai College, University of Delhi: Food & Textile Industry - Emerging Trends & Perspectives	10th to 11th February, 2015
National Seminar: AFST (I) : Social Protection and Agriculture—Role of Co-operatives & Food Processing Industries	16th October, 2015
AFST (I), LIC, DU, Delhi : Seminar: Food Safety& Food laws	23rd Feb 2016
<ul style="list-style-type: none"> <li>➤ Lecture delivered on Healthy Lifestyle Management in orientation program organized by Dept of Geography 2014 and 2015</li> <li>➤ Lecture delivered on Healthy Lifestyle Management in orientation program organized by Dept of Social Work 2015</li> </ul>	
<b>Research Projects (Major Grants/Research Collaboration)</b>	
<ul style="list-style-type: none"> <li>➤ UGC Major Research Project (March 2005 to May 2008) : Development and Implementation of Nutrition &amp; Health Education Module for Treatment and Prevention of Diabetes among Children</li> <li>➤ Innovation Project AM302, DU (September 2015 – ongoing) : Development of an educational Program to enhance Food Label understanding among early adolescents: Periurban Delhi</li> </ul>	
<b>Awards and Distinctions</b>	
<ul style="list-style-type: none"> <li>➤ Recipient of IDA President Award 2007</li> <li>➤ Recipient of Best Scientific Poster Award at International Conference; Epigenesis - Empowerment for Excellence in Home Science, Lady Irwin College, 2007</li> </ul>	
<b>Association With Professional Bodies</b>	
<ul style="list-style-type: none"> <li>➤ Member Editorial Board IDA (Delhi Chapter) News Letter: Diet Byte</li> <li>➤ IDA : Life Member</li> <li>➤ Society of Indian Bakers : Life Member</li> <li>➤ Nutrition Society of India : Life Member</li> </ul>	

- Association of Food Science and Technology (I)
- Research Gate
- Nutrition Scholar Club

#### Other Activities

- Curriculum Development: CBCS (Food Technology)
- Examination work : Paper setting, evaluation work, external and internal examiner practical examination
- Organized Exhibition cum sale of Aditi Foods (Bakery and Fruit and Vegetable Preserved Food Products) at college, Antardhwani
- Organized workshops at various Government and Public Schools of Delhi on various issues related to Food Safety and Public Health Nutrition

Signature of Faculty Member

- You are also requested to also give your complete resume as a DOC or PDF file to be attached as a link on your faculty page.